



Utah Professionals
Health Program



Get in Touch



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www.UPHP.utah.gov

UPHP was created by the Department of Commerce's Division of Professional Licensing (DOPL) to provide an alternative to public discipline and to assist licensed healthcare professionals whose ability to practice may be impaired due to a *substance use disorder*.



UTAH DEPARTMENT
OF COMMERCE

Division of Professional Licensing

Participant's Guide

A confidential health program for licensed healthcare professionals with *substance use disorders*.

Participation is Confidential

UPHP provides an alternative to public disciplinary action for licensed healthcare professionals who have *substance use disorders*.

Confidentiality is the cornerstone of our program. Participation in UPHP is not known to the public or professional licensing boards as long as participants remain in compliance with their *monitoring agreement*.

UPHP does not offer treatment; rather it identifies relevant resources, makes appropriate referrals for clinical evaluations and/or substance abuse treatment, and monitors the ongoing recovery and *treatment of professionals*.

We expect a lot from our Healthcare Professionals

Healthcare professionals are widely regarded as heroes. Unfortunately, this view often leads to the misperception that healthcare professionals are not susceptible to *illness themselves*.

You are human, too.

Just like everyone else, you are susceptible to burnout/stress, substance use disorders, emotional or mental illness, and *behavioral issues*.

Unlike the general public, the issues you face can directly impact the safety of your patients. The Utah Professionals Health Program (UPHP) exists to support you on your road to recovery and protect the safety of *patients in Utah*.



The Process:

1 Self-Report: Because participation in UPHP is voluntary, the first step is admitting there's a problem. This is a very difficult step for anyone who may have a substance use disorder. When you contact UPHP to self-report, you can expect to be treated with compassion and respect.

2 Intake: UPHP will meet with you to gain perspective of the problem from your point of view, to offer support, resources and referral for evaluation and or treatment. In exchange for support, you will be invited to follow the recommendations of UPHP in seeking specified evaluation/treatment.

3 Evaluation/Treatment: You will undergo evaluation and treatment with providers or in facilities approved by UPHP.

4 Re-Entry: Re-entry into practice usually occurs following the initial phase of treatment. UPHP works with the treatment provider's recommendations to establish contractual ground rules for re-entry into practice.

5 Monitoring & Aftercare: Monitoring and after care is usually a five-year process. It is guided by an individualized monitoring agreement comprised of recommendations from the treatment facility. UPHP offers guidance and accountability in the recommended aspects of each participant's recovery.

Who does UPHP Serve?

